

E-MAILS

- Never reply to unpleasant or unwanted emails.
- Keep the emails as evidence.
- Tell an adult.
- To find out where the email comes from, click the right mouse button over an email to see details of the sender.
- Get your parent/carer to contact the sender's Internet Service Provider (ISP) by writing abuse@ and then the host e.g. abuse@hotmail.com
- Never reply to someone you do not know. Replying confirms your email address.

WEB BULLYING

- If the bullying is on a school website tell a teacher or your parent/carer.
- Copy and print the page for evidence.
- Contact the Internet Service Provider (see emails).

CHAT ROOM AND INSTANT MESSAGING

- Never give out your name, address, phone number, school name, clubs you attend or password online.
- Use a nickname.
- Don't give out a photo of yourself.
- Don't accept emails or open files from anyone you do not know.
- Remember it might not just be people around your own age in a chat room.
- Stick to public areas in a chat room and leave if you feel uncomfortable.
- Tell your parents or carers if you feel uncomfortable.
- Think carefully about what you write - do not leave yourself open to bullying.

WINTERTON COMMUNITY ACADEMY

Information to Parents



ANTI-BULLYING POLICY

At Winterton Community Academy everyone is expected to behave in a considerate and disciplined manner to ensure that all pupils are able to maximise their potential and achieve personal success and fulfillment.

What is bullying?

We define bullying as the wilful act of intimidating, hurting, threatening or frightening someone else where there is little or no provocation or resistance from the victim. Bullying can be Emotional/Verbal/Physical/Racist/Sexual/Homophobic or Cyber.

Teachers will exercise a professional judgement on each individual case in relation to this definition.

Bullying is unpleasant, but does happen in all Schools from time to time. However, by parents and the School working together most problems can be resolved.

What is the School's position on bullying?

Winterton Community Academy does not tolerate bullying. The School has a Code of Conduct which makes clear the expectation that all pupils will be respectful and tolerant of others.

The School tries to prevent bullying in the first place, but when it does occur we aim to deal with situations quickly and sensitively. Pupils are encouraged to report their concerns about bullying. All staff are aware of the School's Anti-Bullying Policy and will listen to and help all pupils who approach them.

The School has a variety of approaches for dealing with bullying depending on the circumstances.

What should I do if I think my child is being bullied?

You might notice that your child seems unhappy, or has been hurt or has possessions missing or damaged. They may be unwilling to come to School.

The first thing to do is to give your child the opportunity to talk and see if they will "open up" about the problem.

The next thing to do is contact the School. The best person to contact initially is your child's Tutor, Head of Year or Key Stage Leader. All problems will be investigated and appropriate action taken where necessary.

What if my child has been bullying others?

The School may inform you that your child has been behaving in an aggressive or unkind way, or has been involved as part of a group. The School has no wish to label pupils and will assist pupils in displaying more appropriate behaviour. This will be more effective if the School and parents work together.

If you have any worries about your child in School, please discuss them with us. Together we can solve most problems.

Cyberbullying advice and guidance for Children and Young People.

Cyberbullying is increasing and because it is not face to face it can be harder to detect the bully.

BULLYING IS WRONG. NO ONE DESERVES TO BE BULLIED

Do not ignore the bullying. Tell someone such as your parent/carer, teacher, youth worker.

TEXT/VIDEO MESSAGING

- Turn off incoming SMS for a couple of days. Visit www.wiredsafety.org
- Change your number - ask your mobile provider.
- Don't reply to abusive or worrying text or video message. Report it to your phone provider.
- Don't delete messages. Keep them for evidence.
- If annoying tell someone you trust.
- If threatening or malicious report them to the Police.

PHONE CALLS

- Don't hang up. Put the phone down and walk away for five minutes.
- Tell someone.
- Use 1471 to try and trace the number.
- Answer the phone only with "Hello". Don't give out your number if asked.
- Keep your phone with you or in a safe place.
- Use voicemail/answer phone to vet your calls.
- Get an adult to record your greeting.
- Most calls can be traced. Contact your operator.

BT FREEPHONE 0800 666700 recorded advice
150 personal advice
0900 661441 (office hours) Tracing/changing number

O2 0870 5214 000 Customer Services
ncb@O2.com

Vodafone www.vodafone.co.uk

Tesco Mobile Text 'bully' to 60000

- Keep a note of times, dates and any information and report to the police if the harassment persists.