

# SPRING IS HERE!

There's a buzz in the air – warm temperatures and the long sunny days of summer are coming – but for some we need to get exams done first. Whatever your children are studying for this term, we'll help them be prepared with our new fresh and tasty menu.



## WHAT'S NEW

We're hearing loud and clear that pupils want to grab a pot of flavourful food and go. With this in mind, and preparing for another hot summer, we've created incredibly tasty dishes such as Roasted Rainbow Veg and Chicken Tikka Naan bowls, as well as tastebud tantalising cold options too.

## WHY ARE THESE GOOD CHOICES?

The stresses and demands on teenage brains are high, so eating regularly is important to fuel the mind and body.

We've got a menu full of tasty, healthy options that are great for studying and staying focused. Choose from our Chinese Vegetable Noodles or Veggie Dog – both have plenty of fibre to help in keeping students energised and feeling great throughout the day.

