

# A REMINDER OF OUR *Chartwells Food Journey.*

Our students are at the heart of our menus and that's why they are included across every step of our Food Journey - take a look below!



**WE FOCUSED ON COUNTER DISPLAYS AND TRAINING** to make sure that all counters are student-friendly, meaning that they can easily see the food available, that it looks appealing, and provides them with a great, engaging experience.



**WE DEVELOPED** a menu built on our research to ensure that all meals are super nutritious, giving students the right balance of everything they need to grow, learn and stay healthy.

**STAGE 4**  
Market  
Leading  
Execution



**STAGE 2**  
The Student -  
led Menu

**STAGE 3**  
Creating  
the Best

**WE TWEAKED** our recipes to ensure we have 'THE BEST' dishes from a taste, quality and nutritional perspective.

**STAGE 1**  
Our  
Research

**WE UNDERSTOOD** what students wanted to see on the menu and how frequently they would love to see those dishes available

We tested the recipes through our taste testing campaign and it wasn't until they were signed off by the students themselves that they made it onto our menus.

# SUPPORTING STUDENTS TO LEAD *Healthier Lives.*

At Chartwells, we understand the responsibility we have to provide nourishing meals that will sustain your students to get the most out of their school day.

It is also our responsibility and goal to help guide young students to making more nutritious choices and develop healthy eating behaviours which track into their later years.

We know that for some students, their school lunch may be their only hot meal that day and so we take our responsibility to provide yummy meals, rich with all the nutrients children need to grow and be healthy very seriously.

All desserts meet the  
20% Public Health  
England Sugar  
Reduction Targets!



## IT'S UP TO YOU.

By following an approved Chartwells food offer, we can reassure you, our parents and students that we are serving balanced and nutritious that will provide students with everything they need to excel in the classroom.

### Did you know?

9 in 10  
children eat  
too much  
sugar.

## OUR COMMITMENTS

To ensure we provide delicious, nutritious meals every day, our team of Nutritionists review our menus to ensure that:

- They are fully compliant to the School Food Standards
- All ingredients are checked for compliance to ensure they meet government salt and sugar targets with no unwanted additives or allergens
- All recipes are checked to ensure they contain the right portions of key nutrients
- All menus provide a good balance of the main food groups



## ALL CHARTWELLS SCHOOL MEALS ARE...



Tasty



Nutritious



School Food Compliant



In line with Government  
Salt & Sugar Targets