

# THIS WEEK'S

# Eats Week One

Everyday faves!

FOOD UNION  
BY CHARTWELLS

Counter one Counter two

		Jackets	Pizza & Pasta	Hot Snacks	Paninis, Subs, Toasties & Baguettes	Sandwiches	Salad
MON	Sweet and Sour Chicken with Wholegrain Rice and Sweet Chilli Broccoli	Beef Lasagne with Garlic & Herb Bread and Peas	Baked beans (V) Cheese (V) Tuna Mayo Bolognese Salmon Mayo	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!  Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad
	Vegan Chow Mein (V) with Sweet Chilli Broccoli						
TUE	Beef Burger or Feta & Beetroot Burger (V) With Baked Garlic & Herb Potato Wedges and Coleslaw	Spicy Chicken Pitta with Chilli Sauce, Tomato Rice and Crunchy Raw Slaw	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!  Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad
WED	Roast Turkey or Vegetable Pastry Slice (V) with Roast Potatoes, Carrots, Cabbage and Gravy	Chipotle Chicken Burrito with Sweetcorn	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!  Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad
	Roast Turkey Yorkie Wrap						
THUR	Chicken Tikka Masala or Yellow Vegetable Curry (V) with Wholegrain Rice and Sweetcorn	Sweet Chilli Chicken Noodles with Stir Fried Veg	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!  Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad
FRI	Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans or Dirty Fries (V) with Coleslaw	BBQ Chicken Mac N Cheese with Broccoli	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!  Chicken and Bacon Pasta Salad  Tuna and Sweetcorn Pasta Salad

# THIS WEEK'S

# Eats

Week Two












Everyday faves!

	Counter one	Counter two	Jackets	Pizza & Pasta	Hot Snacks	Paninis, Subs, Toasties & Baguettes	Sandwiches	Salad
MON	Topped Mac N Cheese (BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower (V) ) with Sweetcorn	Chipotle Chicken Soft Taco with Mexican Yellow Rice and Sweetcorn	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad
TUE	Beef Lasagne or Vegetable Lasagne served with Garlic & Herb Bread & Coleslaw	Sweet Chilli Chicken Noodles with Stir Fried Veg	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad
WED	Roast Pork with Stuffing & Apple or Sweet Potato & Chickpea Roast (V) with Roast Potatoes, Carrots, Cabbage and Gravy Roast Pork Yorkie Wrap	Beef Burger with Garlic and Herb Potato Wedges and Coleslaw	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad
THUR	Cajun Chicken Sandwich or Chicken Pitta with a choice of Sauces Or Blackeye Bean Veggie Burger (V) with Fajita Wedges and Corn Slaw	Chicken Korma with Wholegrain Rice and Cucumber Raita	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta Margherita Pizza (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad
FRI	Battered Fish or Breaded Chicken Strips or Vegan Sausage Roll (V) with Chips, Baked Beans and Peas	Chicken Burrito with Broccoli	Baked beans (V) Cheese (V) Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta (V) Carbonara Pasta	Steak Pasty OR Cheese & Onion Pasty (V) OR Vegan Sausage Roll (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Your favourite sarnie fillings everyday!	Chicken and Bacon Pasta Salad Tuna and Sweetcorn Pasta Salad

# THIS WEEK'S

# Eats Week

Everyday faves!

	Counter one	Counter two	Three Jackets	Pizza & Pasta	Hot Snacks	Paninis, Subs, Toasties & Baguettes	Sandwiches	Salad
MON	Pulled Beef Burrito or <b>Vegan Burrito (V)</b> with Sweetcorn 	Topped Mac N Cheese (BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower (V) ) with Sweetcorn	<b>Baked beans (V)</b>  <b>Cheese (V)</b> <b>Tuna Mayo</b> <b>Bolognese</b>	<b>Beef Bolognese</b>  <b>Herby Tomato Pasta (V)</b> <b>Carbonara Pasta</b> <b>Margherita Pizza (V)</b>		<b>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from</b>	<b>Your favourite sarnie fillings everyday!</b>	<b>Chicken and Bacon Pasta Salad</b>  <b>Tuna and Sweetcorn Pasta Salad</b>
TUE	Cajun Chicken Sandwich or Chicken Pitta with a choice of Sauces Or <b>Blackeye Bean Veggie Burger (V)</b> with Chipotle Wedges and Corn Slaw 	<b>Chicken Chow Mein</b> with Stir Fried Veg 	<b>Baked beans (V)</b>  <b>Cheese (V)</b> <b>Tuna Mayo</b> <b>Bolognese</b>	<b>Beef Bolognese</b>  <b>Herby Tomato Pasta (V)</b> <b>Carbonara Pasta</b> <b>Margherita Pizza (V)</b> 	<b>Steak Pasty OR Cheese &amp; Onion Pasty (V) OR Vegan Sausage Roll (V)</b>	<b>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from</b>	<b>Your favourite sarnie fillings everyday!</b>	<b>Chicken and Bacon Pasta Salad</b>  <b>Tuna and Sweetcorn Pasta Salad</b>
WED	Roast Gammon or Cheesy Veg Pie (V) with Roast Potatoes, Carrots, Cabbage and Gravy  Roast Gammon Yorkie Wrap	New York Hot Dog with Paprika Wedges and Apple Slaw	<b>Baked beans (V)</b> <b>Cheese (V)</b> <b>Tuna Mayo</b> <b>Bolognese</b>	<b>Beef Bolognese</b> <b>Herby Tomato Pasta (V)</b> <b>Carbonara Pasta</b> <b>Margherita Pizza (V)</b> 		<b>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from</b>	<b>Your favourite sarnie fillings everyday!</b>	<b>Chicken and Bacon Pasta Salad</b>  <b>Tuna and Sweetcorn Pasta Salad</b>
THUR	Thai Red Chicken Curry or <b>Vegan Thai Green Vegetable Curry (V)</b> and Wholegrain Rice with Lime Spiced Sweetcorn	Beef Lasagne with Garlic & Herb Bread and Broccoli	<b>Baked beans (V)</b> <b>Cheese (V)</b> <b>Tuna Mayo</b> <b>Bolognese</b> 	<b>Beef Bolognese</b> <b>Herby Tomato Pasta (V)</b> <b>Carbonara Pasta</b> <b>Margherita Pizza (V)</b> 	<b>Steak Pasty OR Cheese &amp; Onion Pasty (V) OR Vegan Sausage Roll (V)</b>	<b>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from</b>	<b>Your favourite sarnie fillings everyday!</b>	<b>Chicken and Bacon Pasta Salad</b>  <b>Tuna and Sweetcorn Pasta Salad</b>
FRI	Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans or <b>Dirty Fries (V)</b> with Coleslaw	Mexican Chicken Quesadilla with Lime and Coriander Rice and Corn Slaw	<b>Baked beans (V)</b> <b>Cheese (V)</b> <b>Tuna Mayo</b> <b>Bolognese</b>	<b>Beef Bolognese</b> <b>Herby Tomato Pasta (V)</b> <b>Carbonara Pasta</b> <b>Margherita Pizza (V)</b>		<b>Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from</b>	<b>Your favourite sarnie fillings everyday!</b>	<b>Chicken and Bacon Pasta Salad</b>  <b>Tuna and Sweetcorn Pasta Salad</b>

# MAIN MEAL - UPSELLS

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week One</b>	Dough Balls Chop Chop Side Salad	Corn on the Cob Cheesy Tortilla Bites	Cauliflower Cheese Cheesy Tortilla Bites Corn on the Cob Mixed Side Salad	Naan Bread Chop Chop Side Salad	Mushy Peas Mixed Side Salad
<b>Week Two</b>	Dough Balls Chilli & Coriander Corn on the Cob Cheesy Tortilla Bites Chop Chop Side Salad	Dough Balls Corn on the Cob Mixed Side Salad	Cauliflower Cheese Corn on the Cob Chop Chop Side Salad	Chicken Wings Chilli & Coriander Corn on the Cob Naan Bread Mixed Side Salad	Mushy Peas Chop Chop Side Salad
<b>Week Three</b>	Cheesy Tortilla Bites Corn on the Cob Dough Balls Mixed Side Salad	Chicken Wings Chilli & Coriander Corn on the Cob Chop Chop Side Salad	Cauliflower Cheese Corn on the Cob Mixed Side Salad	Naan Bread Chop Chop Side Salad	Mushy Peas Chilli & Coriander Corn on the Cob Cheesy Tortilla Bites Mixed Side Salad

# PASTRY- UPSSELLS

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week One – Must Cook</b>	Mixed Side Salad		Mixed Side Salad		
<i>Additional Options</i>	Baked Garlic & Herb Potato Wedges		Baked Garlic & Herb Potato Wedges		
<b>Week Two – Must Cook</b>			Mixed Side Salad		Mixed Side Salad
<i>Additional Options</i>			Baked Garlic & Herb Potato Wedges		Baked Garlic & Herb Potato Wedges
<b>Week Three – Must Cook</b>		Mixed Side Salad		Chop Chop Side Salad	
<i>Additional Options</i>		Fajita Potato Wedges		Cajun Potato Wedges	

# SANDWICHES, SUBS, PANINIS, TOASTIES & BAGUETTES – ADDITIONAL COOKS & UPSELLS

	<b>Served Daily</b>
<b>Sandwiches</b> Must Cook	<b>Cheese Sandwich (V)</b> <b>Ham Sandwich</b> <b>Chicken and Bacon Sandwich</b> <b>BLT Sandwich</b>
<i>Additional options</i>	<b>Egg Mayo Sandwich (V)</b> <b>Chicken Mayo Sandwich</b> <b>Cheese Ploughman's Sandwich (V)</b> <b>Tuna Mayo Sandwich</b> <b>Vegan Cheese Sandwich (V)</b>
<b>Subs (Full Sized &amp; Demi)</b> Must Cook	<b>Vegan Vege Ball Marinara Sub (V)</b> <b>Chicken Teriyaki Sub</b> <b>Chicken Tikka Sub</b> <b>Ham and Chicken Melt Sub</b>
<b>Panini and Toasties (Full Sized &amp; Demi)</b> Must Cook	<b>Ham &amp; Cheese Panini</b> <b>Ham &amp; Cheese Toastie</b> <b>BBQ Chicken Panini</b> <b>Cheese &amp; Tomato Sauce Panini (V)</b>
<i>Additional options</i>	<b>Chicken and Bacon Toastie</b> <b>Cheese and Bean Toastie (V)</b> <b>Tuna Melt Panini</b> <b>Chicken Teriyaki Panini</b> <b>Vegan Cheese &amp; Tomato Sauce Panini (V)</b> <b>Vegan Cheese &amp; Bean Toastie (V)</b>
<b>Baguette (Full Sized &amp; Demi)</b> Must Cook	<b>BLT</b> <b>Chicken Mayo</b> <b>Tuna Mayo</b> <b>Ham Salad</b> <b>Cheese &amp; Pickle</b>
<i>Additional options</i>	<b>Vegan Cheese &amp; Pickle Baguette (V)</b>

# SANDWICH/PANINIS/TOASTIES/SUBS/BAGUETTES- UPSELLS

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Must Cook</b>	Mixed Side Salad	Chop Chop Side Salad	Mixed Side Salad	Chop Chop Side Salad	Mixed Side Salad
<b>Additional Options</b>	Baked Garlic & Herb Potato Wedges	Fajita Potato Wedges	Baked Garlic & Herb Potato Wedges	Cajun Potato Wedges	Baked Garlic & Herb Potato Wedges

# SALADS & SIDES – MUST COOKS & UPSELLS

	<b>Served Daily</b>
<i>Additional options</i>	<b>Layered Cheddar Cheese Shaker Salad</b> <b>Chicken Tikka and Rice Shaker Salad</b> <b>Noodle and Jerk Chicken Shaker Salad</b> <b>Coronation Chicken Salad</b>



# HEALTHY SNACKS – MUST COOKS & ADDITIONALS

	<b>Served Daily</b>
<b>Healthy Snacks Must Cook</b>	<b>Fruit Salad Pot</b> <b>Pineapple Pot</b> <b>Grape Pot</b> <b>Fruit and Strawberry Yoghurt Pot</b> <b>Cucumber Sticks with Houmous</b> <b>Carrot Sticks with Houmous</b>
<i>Additional Options</i>	<b>Watermelon Pot</b> <b>Fruit and Cherry Yoghurt Pot</b> <b>Crudit� with Houmous</b>






# PASTA – ADDITIONAL COOKS & UPSELLS

	<b>Served Daily</b>
<b>Pasta Additional options</b>	<b>Arrabiata Pasta (V)</b> <b>Italian Chicken Pasta</b> <b>BBQ Chicken Pasta</b>
<b>Pizza Additional options</b>	<b>Cajun Chicken Sizzler Pizza</b> <b>Hawaiian Pizza</b> <b>Bacon Pizza</b> <b>Veggie Hot One Pizza (V)</b> <b>Vegan Margherita Pizza (V)</b>
<b>Sides</b>	<b>Mixed side salad</b> <b>Dough balls</b> <b>Coleslaw</b> <b>Baked Garlic &amp; Herb Potato Wedges</b>

# BAKERY– MUST COOKS & ADDITIONAL ITEMS

	<b>Served Daily</b>
<b>Bakery Must Cook</b>	Oat Cookie Chocolate Brownie Iced Bun Jam Doughnut Blueberry Muffin Chocolate Crispy Bar Sweet Waffle
<b>Additional options</b>	Shortbread Individual Victoria Sponge Carrot Cake Orange Drizzle Muffin Lemon Drizzle Muffin Apple Muffin Raspberry Flapjack Muffin Fruit Flapjack

# DESSERTS – HOT & COLD OPTIONS

Cold Fruit Based Desserts	Warm Fruit Based Desserts	Sauce	Cold Desserts		Warm Desserts
Fruit Based Desserts to be served a minimum of twice per week	Fruit Based Desserts to be served a minimum of twice per week		Without restrictions or minimum requirements)		Without restrictions or minimum requirements
<p>Chocolate Slice</p> <p>Banoffee Pie</p> <p>Fruit Slice </p> <p>Peaches with Homemade granola &amp; Yoghurt </p>	<p>Apple and Blackberry Pie served with Custard</p> <p>Apple Cracknell served with Custard</p> <p>Banana and Berry Cobbler served with Custard</p> <p>Peach Shortcake Crumble served with Custard </p> <p>Pear Upside Down Cake served with Custard </p> <p>Summer Berry &amp; Peach Oaty Crumble served with Custard </p> <p>Apple and Cinnamon Strudel served with Custard</p>	Custard	<p>Vanilla Ice Cream</p> <p>Chocolate Ice Cream</p> <p>Strawberry Ice Cream</p> <p>Raspberry Ripple</p> <p>Blueberry Frozen Yoghurt</p> <p>Mango Frozen Yoghurt</p> <p>Strawberry Frozen Yoghurt</p>	<p>Secret Brownie</p> <p>Carrot &amp; Banana Slice</p> <p>Vanilla and Blueberry Blondie</p> <p>Raspberry Yoghurt Cake</p> <p>Peach Slice</p>	<p>Lemon Drizzle Cake</p> <p>Banana Marble Cake</p> <p>Baked Orange and Vanilla Rice Pudding</p>