

Winterton Community Academy

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Headteacher - Mr K Rowlands

Dear Parent / Guardian

September 2020

PE LESSONS AND PE KIT FROM SEPTEMBER 2020

I hope that you have had a safe and enjoyable summer break and I am writing to keep you informed of our plans for PE lessons at the start of the academic year in September. As a department we are very much looking forward to welcoming students back and providing PE lessons.

Our aim is to create a positive culture of safety within the PE department ensuring the learning environment is safe and happy which provides positive experiences for students returning in these difficult and challenging times.

In preparation for delivering the PE curriculum we have:

- Followed government guidance
- Followed Association for PE guidance
- Followed National Governing body guidance for each sport to be delivered

As a result, <u>all PE lessons in the autumn term will take place outside</u> (as per current guidance) this includes days where the weather is drizzling / lightly raining (this will be subject to review as government and national governing body guidance changes). As a result students may wish to bring a towel to dry off with after completing a lesson. In extreme weather conditions students will be issued a set zone indoors and must stay in their allocated area to complete their PE lesson.

Attached are the details of the compulsory and optional items of PE Kit, along with several suggestions where base layers can be purchased. This should help to ensure that your child has several clothing options for outdoor PE lessons, and by arriving to every lesson with kit and always having dry clothes to change into after the lesson.

Equipment will be cleaned at the end of each lesson and where bibs are used each student will be issued their own bib for the lesson. There will be no sharing of bibs. All bibs and spare kit issued will be washed after the lesson, any equipment used will also be cleaned. It is highly recommended students bring hand sanitiser with them and wash their hands before and after the lesson.

If you have any questions please do not hesitate to contact me at curtis.p@wintertoncommunityacdemy.co.uk

Thank you in advance for your support and cooperation on this matter

Miss P. Curtis Head of P.E.

PE Kit expectations:

Students are required to bring full P.E. kit to all lessons. If a student is injured or unable to take part they must still bring full kit, and a note excusing them from the lesson should be written in their journal. This ensures students keep the continuity of bringing their P.E. kit to lessons. It also ensures they can still take part in the lesson as an umpire, referee or coach but not a performer.

If a student forgets their P.E. kit the procedure is as follows:

- 1st time student forgets kit Equipment comment in planner, text message home. Student borrows school kit.
- 2nd time student forgets kit Equipment comment in planner, text message home. Student borrows school kit.
- 3rd time student forgets kit As above but the student also receives a lunchtime detention for the next day.

Compulsory:

Maroon / Black badged T-shirt (purchased from Shahs) Plain black shorts (small single logos are acceptable)* Plain Maroon Socks *

Sturdy trainers (not boots, plimsolls or fashion/leisure shoes)*
*can be purchased from any store.

Optional uniform (for winter months):

Maroon / Black badged Hoody Plain black base layer to be worn under the PE T-shirt. Plain black tracksuit bottoms

Hair should be tied up for all PE lessons and all jewellery should be removed.

Example base layer options:

Sports Direct:

SONDICO Long Sleeved Core Base Layer **£10.00** or two for **£16**

<u>CAMPRI</u> Thermal Baselayer Top Mens £8.50 or two for £13

